

## CLAIMS

1. A method of delivering a colonic lavage comprising the steps of:

(a) filling the colon with lavage liquid to a predetermined level;

(b) inducing a pulsing action in the lavage liquid within the colon to loosen impacted material and stimulate peristaltic activity of the colon; and

5 (c) draining the lavage liquid from the colon.

2. A method of delivering a colonic lavage as claimed in claim 1 and wherein step (b) comprises repeatedly draining a predetermined amount of lavage liquid from the colon according to a predetermined cycling schedule while

10 continuously delivering lavage liquid to the colon.

3. A method of delivering a colonic lavage as claimed in claim 2 and wherein lavage liquid is drainable from the colon through an outflow valve and wherein step (b) further comprises opening and closing the outflow valve

15 according to the predetermined cycling schedule.

4. A method of delivering a colonic lavage as claimed in claim 3 and wherein step (c) comprises opening the outflow valve.

20 5. A method of delivering a colonic lavage as claimed in claim 1 and wherein step (a) includes delivering lavage liquid to the colon through an inflow valve.

6. A method of delivering a colonic lavage as claimed in claim 5 and wherein step (b) includes opening and closing the inflow valve according to a predetermined cycling schedule as lavage liquid is held within the colon.

5 7. A method of delivering a colonic lavage as claimed in claim 5 and wherein step (c) includes draining lavage liquid from the colon through an outflow valve.

10 8. A method of delivering a colonic lavage as claimed in claim 7 and wherein step (b) includes opening and closing the inflow and outflow valves according to a predetermined cycling schedule as lavage liquid is held within the colon.

15 9. A method of providing a colonic lavage comprising the steps of delivering a predetermined volume of lavage liquid to the colon to fill the colon with lavage liquid to a predetermined level, substantially maintaining the predetermined level of lavage liquid within the colon for a predetermined time in a hold cycle to hydrate impacted material within the colon, inducing a pulsed motion of the lavage liquid within the colon during the hold cycle to enhance  
20 hydration and break up of impacted material within the colon and to induce peristaltic activity of the colon, and draining lavage liquid from the colon.

